



The Wilmington Crusader

VOL. 15 NO. 9

Wednesday, February 27, 1952

WILMINGTON, MASSACHUSETTS

PRICE 5 CENTS

WILMINGTON YOUNGSTERS SWEEP CANADIAN ICE

The Wilmington Skating Club, which participated in the Maritime Provinces Indoor Skating Championships, as a part of the Northeastern Skating Association, scored the highest number of points of any group taking part.

Out of a total of 37 events, the Wilmington skaters won first place in 8, and scored second place in a ninth event.

High scorer in the Women's Division (and possibly the highest scorer in all divisions) was Janet Backman, of Chestnut Street, who won first place in the 440 yard, Half Mile, Three Quarter Mile, and Mile Senior Women's Races, for a total of 120 points. Miss Backman was loudly acclaimed as a result of her fine work, and appeared on the local radio stations and was afterward taken with the other skaters, in a parade called the Cavalcade, which toured the city of St. Johns N. B. Janet signed so many autographs that she literally suffered from writer's cramp.

Jean Ashworth, of Church Street, was the highest scorer of the Girl's

Juvenile Division. She won the 220 yard the the 440 yard race for a total of 60 points.

Leon Backman, Boys Junior Division, won first place in the 220 yard and the half mile race, and second place in the 440 yard race. He won a total of 80 points.

The trip to and from Canada was not without excitement. Several cars left Boston Thursday, intending to get to St. Johns that same evening, but were caught in a blizzard in northern Maine, and the teams had to stay overnight in a hotel. On the return trip, the driver of one car, Henry Rogers, of Burlington, President of the Northeastern Skating Association was stricken with appendicitis, and it was necessary to call the International Bridge at Calais, Maine, to have the car in which Janet Backman was riding stopped, so that another person could take Mr. Rogers place as driver of his car.

THE WILMINGTON SAD SACKS

A group of Wilmington High School Seniors, who call themselves the Wilmington Sad Sacks; are playing in a basketball league sponsored by the YMCA of Woburn, the teams coming from the nearby communities. The Wilmington Sad Sacks, so far, have won five out of seven games, to rank second place in the league.

Albert Ethier of Woburn Street is Captain, and other players in the team are Weston Draper, Ralph LePore, Francis Hoban, Arnold Bishop and Connie Lewis.

There is a second team, which is also making a pretty good score for itself, composed of Juniors, Sophomores and Freshman. We expect to hear more from these boys later.

MEASLES, MUMPS AND COLDS

In quite a few homes of Wilmington, there are, at present, one or more persons laid up with the measles, the mumps, or a cold.

Nowhere near epidemic proportions, though.

WHERE TO BUY THE CRUSADER

The Wilmington Crusader appears in the following stores, about 5 p.m. on Wednesday.

Wilmington Square - The Crusader can be purchased only in McLaughlin's Drug Store.

Silver Lake - Tattersall's News Agency.

North Wilmington - Buck Brother's Grocery Store.

East Wilmington - Elia's Busy Corner Market.

Burlington Avenue - Bob's Market.

Aldrich Road - Chapman's Variety Store.

Shawheen Avenue - Jim's Variety Store.

McKELVEY FOR COUNTY COMMISSIONER

Harold D. McKelvey, of 11 Border Avenue, Wilmington, announces that he will be a candidate for the office of County Commissioner, of Middlesex County, in the election this fall. Mr. McKelvey, a well known citizen of Wilmington, is Past National Commander of the D.A.V.

MAPLE MEADOW SCHOOL MOTHERS CLUB ESCORTS CHILDREN

The ladies of the Maple Meadow Mothers Club have formed an escort group, for the children who attend the school, to guide the children across and along Lowell Street, to and from school. The ladies point out that the sidewalk has not been plowed, and that the children are endangered by speeding automobiles, and that, under the circumstances, the children have to walk on the wrong side of the street.

The temperatures of the school are still quite variable, the club reports. On February 25th, the inside temperature was 65 degrees, while the outside temperature was 38 degrees while on February 26 th, with an outside temperature of 30 degrees, there was but 58 degrees in the building.

ANNUAL ELECTION MONDAY

Next Monday, the Town of Wilmington goes to the polls, and elects a Selectman Two School Committee members, a Moderator, and Three members of the Wilmington Housing Authority.

The campaign has been very quiet in Wilmington, but, even if the local picture is unexciting, there is one thing that every candidate agrees upon.

Don't forget to vote, Monday, for your candidate.

JOHNNY McAULIFFE HOME SATURDAY

PFC John McAuliffe, of Dorchester, will come home, on a month's leave on March 1st, his mother was informed by telephone, from Johnny himself, at 3:30 a.m. Tuesday morning. Johnny, who called from San Francisco, is home on a month's leave, after seeing some rough fighting, which won him the Purple Heart, among other awards, in Korea.

John has already signed up to go back to Korea, after his month's furlough.

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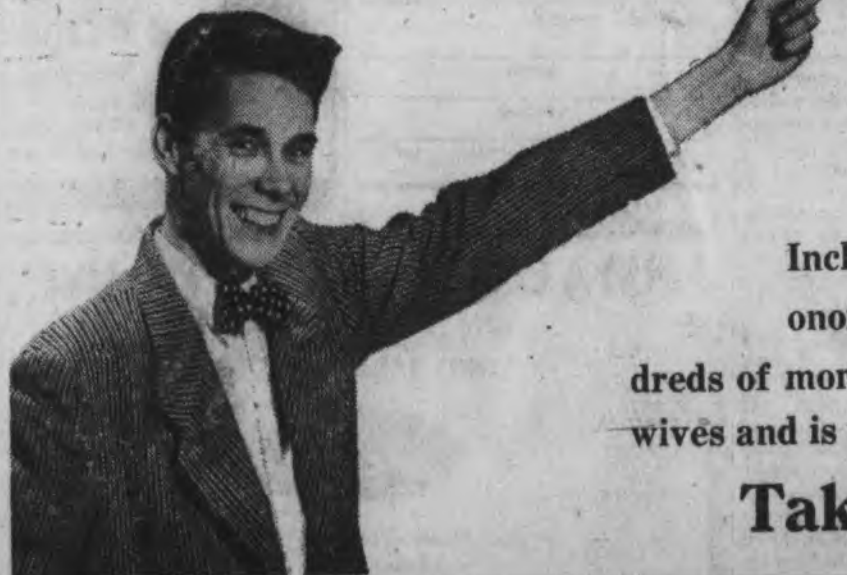
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Included in this issue is a special supplement, The Economy Cook Book. Full of tantalizing recipes, hundreds of money saving ideas. This issue is a special service to you housewives and is worth many times the REGULAR PRICE OF FIVE CENTS.

Take Your Copy Home With You!

The Wilmington Crusader

Published Every Wednesday

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LARZ NEILSON Editor
47 High street, Tel. Wilmington 2346, North Wilmington

RICHARD A. PATTERSON Business Manager

THE WILMINGTON CRUSADER assumes no financial responsibility for errors in advertisements, but will publish without charge a correction in the next issue.

ELECTRIC LIGHT SERVICE IN WILMINGTON

We had a surprising development, as a result of last week's blackout, in Wilmington. Readers of the Crusader will remember the account of the assistance rendered by the Wilmington Police Cruiser, to the repairmen of the Reading Electric Light Company, and of the numerous telephone calls to the Police Station, by citizens who were concerned about their service.

Later came the denouncement. Many of Wilmington's residents took time out to call your editor, or stop him on the street, and express their opinion of the service that Wilmington gets, from the Reading Municipal Light.

Why, they asked, was only one truck sent? The whole town, or nearly all of it was blacked out, and the efforts to find the trouble were certainly meager, they pointed out, to your editor. Other points were made, and they cannot be described as complimentary.

There is, of course two sides to every question, and in presenting these questions, your editor is presenting only one side. The Reading Electric Light Company might have something to say, in regards to their service, and we must remember that.

The surprising development was the bitterness of the tone used by those persons, who talked to your editor,—the bitterness of tone, and the fact that there were more than a few who felt this bitterness.

POLICE SERVICE IN WILMINGTON

There was a little girl in North Wilmington, on Woburn Street, who lost her sled last week, lost it because a hit and run driver struck and demolished the sled. Luckily the girl was not hurt.

The girl's mother seems to think that the police are amiss, and that there is not enough patrolling of the outlying sections of this town.

We agree with the lady, that there are a lot of places in Wilmington that should be better patrolled. At the same time, we would like to point out to the lady that, in some respects at least, the police hands are tied. There are a total of seven men in the Wilmington Police Department. There must always be one man at or near the station, to guard the telephone, and no matter how thinly you spread it, there can be only one other man on duty, to cover the whole Town of Wilmington in the Police Cruiser, to answer to all accident calls, to all fires, and, incidentally, to appear at times in Court, as prosecuting officer.

It is admittedly poor practice for one man to drive the cruiser, without any possible assistance, in Police duties. What is this man going to do if he should have to face two or three hoodlums, at one time?

There are times, at present, when the station has to be left unguarded. The police cruiser can be out investigating a call, and a sudden emergency will demand, immediately the use of the Police ambulance. What is the officer at the station to do? Should he stay there, and wait for more telephone calls, or should he drive the ambulance to the scene of the emergency? What would you do?

We hope to see the day when the Wilmington Police telephone can be adequately guarded, in such a manner as to have the cruiser and the ambulance both in operation at the same time, without endangering public safety.

That day may come, when Wilmington has a combined Fire and Police Station.

WHO IS GOING TO WIN?

Before the next issue of the Crusader appears, the Town will have voted for a new Selectman, two School Committee-men, and for other officers, in which there is no contest.

Who will win?

Editorially, the Crusader is neutral. In the race for Selectman, there are four candidates, three of whom have past records of being good vote getters. It is anybody's race, and anybody's victory.

For the School Board, the race is very quiet on the surface, but there are those who sense a feeling of bitterness, between some of the contestants. Some of the politicians and their friends are of the opinion that the race is to be decided in three of the candidates, but, here again, it can be anybody's race.

We hope that you remember to vote for your candidate.

READERS' FORUM



LETTER OF THANKS

February 22, 1952

To the Citizens of Wilmington:

I wish to publicly thank the Police Department, Fire Department and Highway Department for the fast and efficient way they responded to our call for help when my husband suffered a severe heart attack.

Special thanks go to Fireman George Cushing for his response with the oxygen and to Officers Fuller and Markey with the ambulance and special thanks too for Mr. White of the Highway Department for coming down with the plow and opening our driveway for the ambulance; also to those others whose names I do not know.

This happened very late at night but each and everyone responded so quickly that his life was saved. We can well be proud of our Wilmington men.

Gratefully,
Mrs. Sylvester Madden
911 Main Street
Wilmington, Mass.

WILMINGTON AIR LIFT IN OPERATION

Charles Costas, age 72, was saved possible, harm Sunday when a group of Wilmingtonites rallied round and came up with a unique solution to a possibly grave situation. Mr. Costas, who makes his home off Ballardvale Street, had been snowed in for several days and was down to his last can of fruit when in desperation, he called George's Restaurant. When George heard the story, he contacted Luther (Ronnie) Carter, of Laurel Avenue, who owns a small cub plane. The group got together and made up a bundle of food and then Ronnie took off for the Wilmington Airport. Ronnie took the food up in his plane and flew over the Costas residence making a perfect hit when he dropped the bundle on the front steps.

The last we heard of Mr. Costas was a contented mumble of thanks to George over the phone, as he munched a hamburger. Who says the army has anything on Wilmington.

PROWLER ON LAKE STREET

The police of Wilmington were called to Lake Street, shortly after midnight, on the morning of February 23rd., when several residents reported a prowler around. A thorough search revealed nothing.

RESTING

The Town Clock, in the steeple of the Congregational Church, has not been running, for this past week.

LOUIE'S OIL INSTALLS TWO-WAY RADIOS

Louie Elman owner of Louie's Oil Service, announced recently that his trucks will soon be operating with a two-way radio. The radios will be installed in every truck so that Louie's customers will enjoy a more rapid and efficient service. The installation of the radios marks the first time any business in Wilmington has employed this modern service.

NOT MY BOY!

A Wilmington truck driver reported on February 22nd., to the police that the boys living on a certain street had blocked off the street, making it inaccessible to autos. Police investigated and found that the street was inaccessible, as reported, and they removed the road block. As the police were doing this, they heard conversation which led them to believe that two of the boys were soon to engage in a "belt fight." The parents of the boys were questioned, and responded with the famous last words, that police so frequently hear, "Not My Boy!" The police sent everyone home.

CO-OPERATION SAVES MAN'S LIFE

The Wilmington Police were called, by Dr. DeRogo of Woburn at 11:15 p.m. on February 20th., when Sylvester Madden, of 914 Main Street, was having extreme difficulty in breathing. The police cruiser, driven by Officer Fuller, with Fireman George Cushing, responded with the oxygen inhalator. Dr. DeRogo later deemed it necessary to take Mr. Madden to the hospital, and Officer Markey

drove the police ambulance down, accompanied, in a town plow, by James White, Superintendent of Streets. Mr. White plowed out a driveway, so that Madden could be put into the ambulance, and he was taken to the Choate Memorial Hospital, in Woburn, where he was later reported to be resting comfortably.

WORLD DAY OF PRAYER

The annual World Day of Prayer observance for the four Protestant churches of Wilmington and South Tewksbury will be held on Friday night at 8:00 p.m. in the Forest St. Congregational Church. The regular World Day of Prayer service will be used, and it will be led by four women, one of each of the participating churches. Mrs. William G. Mann, Mrs. Otis Maxfield, Mrs. Earl Haywood, and Mrs. Gaius Harmon. Miss June Newhouse will be the organist, and Mrs. Frank Hillis will sing "The Lord's Prayer."

The offering which is received each year is used to help carry on the work of the four church projects. The needs represented by these causes will be presented in a short skit entitled "Mother Liberty's Children," in which Mrs. William Russell, and Mrs. Elmer Grateyk will take part. The entire offering goes to this cause.

Next Sunday morning in each of the four church schools a special World Day of Prayer children's service will be used, and there will be an offering here too, to be added to that of the women on Friday night.

A new feature of the World Day of Prayer this year will be a "Prayer Vigil," commencing at 12 midnight on Thursday and continuing until 12 midnight on Friday. Women are volunteering to be responsible for each one of the

Dear Editor:

... the letters start. Then many readers of THE CHRISTIAN SCIENCE MONITOR tell the Editor how much they enjoy this daily world-wide newspaper, with such comments as:

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HUGO HAAS

twenty-four hours of Friday. Those who are unable to leave their homes will maintain their prayer vigils at home, but all who can do so are going to come to the vestry of the Wilmington Congregational Church, where a worship center will be arranged and a candle will burn throughout the entire 24 hours.

TOWN OF WILMINGTON

The School Committee of the Town of Wilmington, Massachusetts, solicits bids for the annual procurement of such items of school supplies as composition paper, practice paper, arithmetic paper, construction paper, blotters, pens, pencils, rulers, chalk, crayons, masking tape, scotch tape, pencil sharpeners, scissors, erasers, staplers, staples, paints, carbon paper, note books, manilla folders, elastic bands, etc.

Specific information concerning each of the required items, quantity needed etc., may be obtained from the offices of the School Committee, 159 Church Street, Wilmington, Massachusetts.

Sealed bids must be delivered to the above offices by Five p.m., March 19, 1952. Bids will be opened at 8:00 p.m. on March 20, 1952.

The School Committee and the Town Manager reserve the right to reject any and all bids, if it be in the public interest to do so.

Wilmington School Committee
Town of Wilmington, Massachusetts

F-27-M-5-12

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The TM has sent a letter to the Reading Light Department, wanting to know if the town is sup-

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Optometrist & Optician

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TO WHOM IT MAY CONCERN:

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Hartford, Conn.

Hartford, Conn.

February 21, 1952

My Wife, Dolores Flora Archambault, having left my bed and board, I refuse to be responsible for all debts contracted by her.

Dated February 17, 1952.

Signed: Gerald E. Archambault
Hartford, Conn.
Gerald E. Archambault

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**McMANUS LIQUOR STORE
ROBBED IN TROUBLE AGAIN**

Raymond F. Montgomery, 24, of 93 Baldwin Street, Charlestown, was arraigned in Malden Court, on February 25th, as one of a quartet of boys charged with the stealing of 4620 pounds of lead from the Globe Union Company of Medford, lead which was valued at \$1,000.

Montgomery was the man who was sentenced to one year in the House of Correction, after robbing the McManus Liquor Store, in Silver Lake, in 1950. He was captured at that time by quick work on the part of Officer Drew of the Wilmington Police, and was later released on a two year probation.

**HOLY NAME
BOWLING LEAGUE**

Results of the 20th week of bowling by the Holy Name Bowling League are as follows:

Team	Won	Lost	Pinfalls
Bees	60	20	31428
Eagles	54	26	31574
Yanks	23	57	30185
Atoms	23	57	30119

Individual High Single—A. MacMullin 128.

Individual High Triple—J. Woods 336.

Team High Single—Bees 579.

Team High Single—Bees 1657.

TEN HIGHEST AVERAGES

A. MacMullin, 95.9; J. Woods, 94.1; W. Geswell, 93.5; J. Good, 92.4; G. Thompson, 91; G. Travers, 89; G. Landry, 88.8; N. DeFelice, 88.6; L. Woods, 88.3 and C. O'Brien, 88.

**JUDGE HENCHY SPEAKS AT
ROTARY CLUB**

The speaker of the day, at last Wednesday's Rotary Club was Judge Henchey, who spoke on crimes committed in this country. The Judge, who has had a lot of experience on his subject, was able to tell the Rotarians of many cases of which has appeared before his court, and of the influence of wholesale home life, upon the children of the nation.

His Honor paid tribute to the fine work of Harry Ainsworth, former Chief of Wilmington Police, who is Probation Officer in the Woburn Court.

CHILDREN'S HEART CLINIC

The Children's Heart Clinics of greater Lowell are supported almost entirely by the Heart Fund Drive in Lowell. These clinics are conducted at weekly intervals in the various hospitals and the Association offices are located in the Fairburn Building.

Any resident of the community is eligible for completely free care under the following conditions:

1 When the referral is made by a school, church or any other official organization, a physician, a town or school nurse, or any of the Lowell Welfare or Board of Health members.

2 At present, our funds limit care to rheumatic fever, rheumatic heart disease and congenital heart disease (heart disease present since birth).

The clinics are staffed by specialists in their field. The consultation services in Boston and local x-ray services are also free. Certain types of medication are free. There is no home care given, but a complete report and followup is sent to the referring individual or to a physician. The services also include laboratory and x-ray work as well as a complete physical examination.

Appointments may be made by contacting the clinic headquarters, telephone Lowell 22712. There is someone at the office every morning until 1:00 p.m.

Ralph E. Coel, M.D.

**TELEPHONE NUMBERS
CHANGE MONDAY**

The New England Telephone & Telegraph Company is changing the number for a portion of Wilmington Subscribers, Monday. All three digit and five digit numbers will become four digit numbers, with one exception.

The sole exception, according to the Chief of the Fire Department, will be the emergency number of the Fire Department. This will still be 420. The other number, for the Fire Department will be changed to 3346.

The new Police Department number will be 3331, and the pay station telephone, in the Police Station will be 3353. The Town Manager's number? Now it will be 3311.

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Wilmington Square
Wil. 2698

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WINS TWO GOLD MEDALS

Jean Ashworth, of Church Street, won two gold medals, and a trophy, in the Juvenile Skater Division, of the Berkshire Hills Championship Matches, on February 16th.

Another member of the Wilmington Skating Club, Janet Backman, of Chestnut Street, won two silver, and one bronze medal, in the Senior Women's Division, at the same time.

The Berkshire Championship matches were held in Pittsfield, Mass.

**A SILVER MEDAL
FOR JANET BACKMAN**

At the Hudson Valley Indoor Championship Matches, held in Troy, New York, on February 17th, Janet Backman, of Chestnut Street, won a silver medal, in the 440 yard race. Janet was injured while in the 3/4 mile race, and was unable to continue, and was unable to participate in the mile race.

The injuries, however, were only temporary.

**TWO GOLD MEDALS
FOR JEAN ASHWORTH**

Jean Ashworth won first prize in two events of the Troy, New York, Hudson Valley Indoor Championship Races, on February 17th. She was awarded two gold medals, one for winning the 220 yard race, and the other for winning the 440 yard race, in the Juvenile Division.

IN CONCERT

BOSTON, Feb. 20—Robert Pipes of Wilmington, a member of the Odikon Singers of Tufts College glee club, participated in Sunday's radio concert of "Songs from New England Colleges" over an eight-station New England network.

The concert sponsored by Monsanto Chemical Company of Boston, was broadcast directly from the college campus. Radio stations carrying the weekly glee club series included WBZ, Boston; WNEB, Worcester; WBZA, Springfield; WJAR, Providence; WCSH, Portland; WLBZ, Bangor; WRDO, Augusta; and WTIC, Hartford.

PENNY THIEF

The station agent at the Wilmington RR Depot reported to the police, Monday morning, that some one had been stealing pennies from the gum vending machine.

DAY NURSERY

All day or half day. Approved by Board of Health. Transportation arranged.

66 Middlesex Avenue
Tel. Wilmington 2536

BOB CARBONE IN VIRGINIA

Robert Carbone, of Concord Street has been transferred to Virginia. His new address is Pvt. Robert E. Carbone, RA 11-239-790, 6th Engr. Co. ERTC, Fort Belvoir, Virginia.

ARTHUR GAGNON IN NAVY

Arthur Gagnon, of Lake Street, has enlisted in the United States Navy. His address is Co. I Regt. 2, USNTPC, Bainbridge, Maryland.

BABY SITTER

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**FREE SUBSCRIPTIONS FOR
WILMINGTON SERVICEMEN**

The Wilmington Crusader, and the Wilmington Post, 136, of the American Legion have made an agreement which, they hope, will provide every serviceman from Wilmington with his weekly copy of his home town news. Both organizations have been concerned with the fact that it is a difficult thing to send all the news to the boys in the ranks from the old home town, and they feel that a subscription to Wilmington's newspaper should help to keep the boys in touch with home.

The American Legion, Wilmington Post is paying for these subscriptions, which the Crusader is selling to them at a reduced price.

Here's your chance, Mothers Dads, Sweethearts and Wives! All you have to do is to send the name and address of Your Man In The Service to Arthur Harper, American Legion Post 136, Wilmington, Mass., and the American Legion will do the rest. A Penny Post Card will do the trick. The reduced subscription rate is not available except to the American Legion.

Send in the name of Your Man, Today! Do It Now! It's FREE!

What about **ME?**



There's Old Man Washbasket again, trying to take up more of your time and energy. But he hasn't got a chance when Byam's Laundry comes to call. We know just how to take care of him—and at a moderate price too!

BYAM'S LAUNDRY

418 MAIN STREET
WILMINGTON 2007

WILSON STREET
NO. BILLERICA 874

GEORGE WASHINGTON HAS GIVEN US A STERN WARNING

By DR. JOHN A. O'BRIEN
(University of Notre Dame)



HORACE MANN is generally regarded as the founder of our public school system. Before his death in 1859 he made this statement which may come as a surprise to many:

"If the intellect, however gifted, be not governed by a sense of justice, love of mankind, and a devotion to duty, its possessor is only a more splendid, as he is a more dangerous barbarian. For we are fully persuaded that the salt of religious truth can alone preserve education from abuse."

The rejection of that saving salt, unwittingly brought about by the diversity of creeds and the resulting administrative difficulty, has caused such a decline of morality in our land that educators, social planners, and legislators are now struggling desperately to find a way to restore the lost heaven.

THAT PENETRATING student of political science, Edmund Burke, proclaimed this same truth to the people of Britain, when he declared:

"True religion is the foundation of society, the basis on which all true civil government rests and from which power derives its authority, laws their efficacy, and both their sanction. If it is once shaken by contempt, the whole fabric cannot be stable or lasting."

The voice, however, which will strike the most responsive chord

in the hearts of the American people is that of the beloved Father of our country, George Washington.

IN HIS FAREWELL Address, Washington took particular pains to warn his countrymen of the importance of religion for political welfare and as a basis for public morality.

"Of all the dispositions and habits which lead to political prosperity, religion and morality are indispensable supports. In vain would that man claim the tribute of patriotism, who should labor to subvert these great pillars of human happiness, these firmest props of the duties of men and citizens. And let us with caution indulge the supposition that morality can be maintained without religion. Whatever may be conceded to the influence of refined education on minds of peculiar structure, reason and experience both forbid us to expect that national morality can prevail in exclusion of religious principles."

THESE ARE WORDS of mellow wisdom, which America can afford to neglect only at a cost of national morality and welfare.

They give witness to the age-old truth that morality is the fruit which grows upon the tree of religion, and that the best way of cultivating that fruit is by nourishing the tree upon which it grows.

† Public Information Service, Washington 12, D. C.

LETTER OF THANKS

Dear Sir:

I wish to express my thanks and appreciation to the kind people of Wilmington for their many cards, gifts, visits and acts of kindness which helped to cheer me while I

was in the hospital. To each and every one, thanks a million.

Sincerely,
Marie Chisholm

PROGRESS BRIEFS

Production of liquefied petroleum gas ("bottled gas") in the U.S. now exceeds a million barrels a day.

World production of crude oil totaled 3.8 billion barrels in 1950, or 11.5 per cent more than in 1949.

Four fifths of all geologists in the United States are petroleum geologists.

The U.S. with seven percent of the world's population enjoys 42 per cent of the world's income and produces 52 percent of the world's crude oil.

Per capita consumption of oil products in the United States (660 gallons per year) is about 30 times that of the rest of the world.

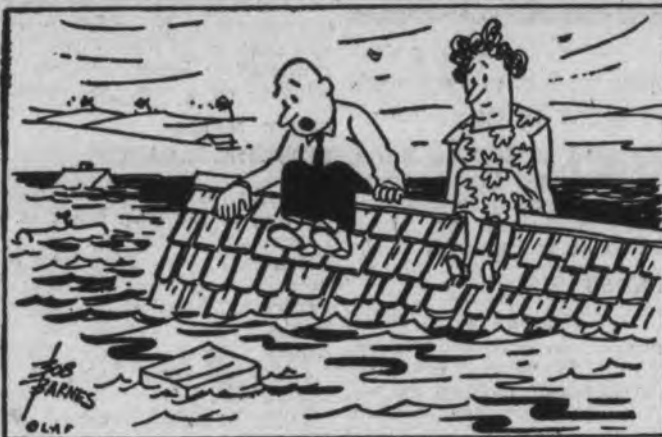
Three-fourths of all freight tonnage moved in the U.S. goes by petroleum-powered motor truck.

Carbon dioxide for making dry ice can be obtained from petroleum.

Petroleum and petroleum products accounted for 36 per cent of all freight traffic originated on Class I railways in the U.S. in 1950.

Farm consumption of liquefied petroleum gas in 1949 came to over a half billion gallons, or 18 per cent of total U.S. consumption.

HOMELY Hughes' Humor . . .



"As soon as we land, we better call Hughes Lumber about a new roof."

This poor fellow is finding out the hard way that he needs a roof. No doubt you know all about your roof without going to all that trouble and we suggest you drop in and discuss your Roofing Problem with us.

Billerica's New Dept. Store For Housing

Hughes Lumber Company

Letchworth Ave. No. Billerica

Telephone Billerica 546

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\$24.50 TON CASH

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Briquettes \$21.95
Pea Coal \$19.95

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THAT'S A LONG TIME. AND IT'S A LONG TIME SINCE YOU HAVE
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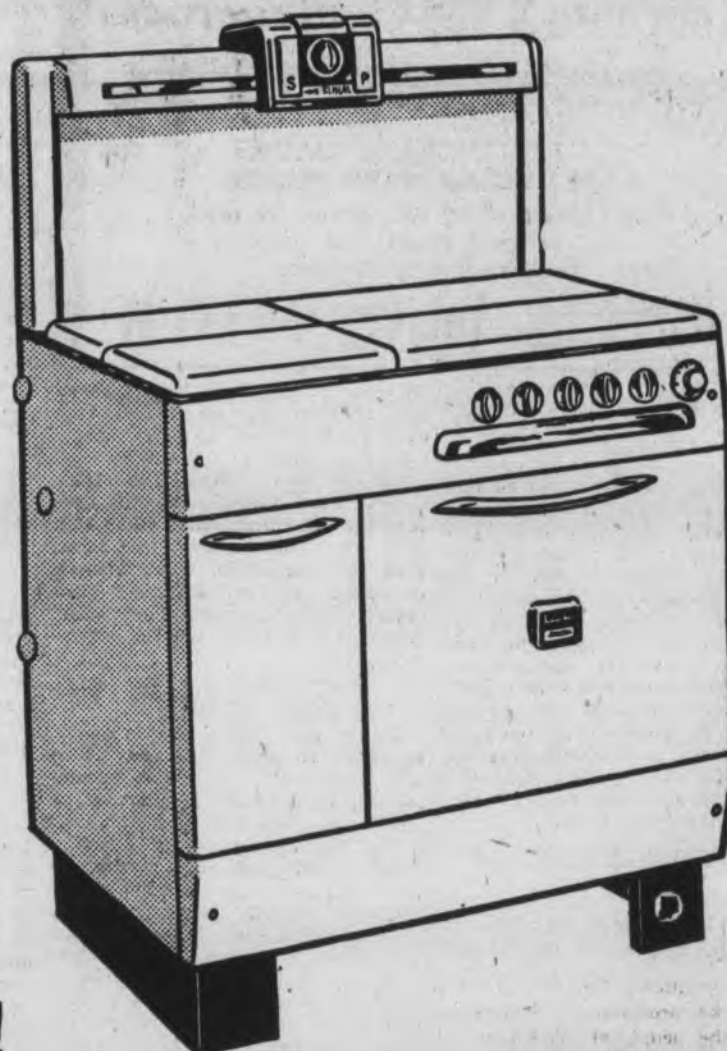
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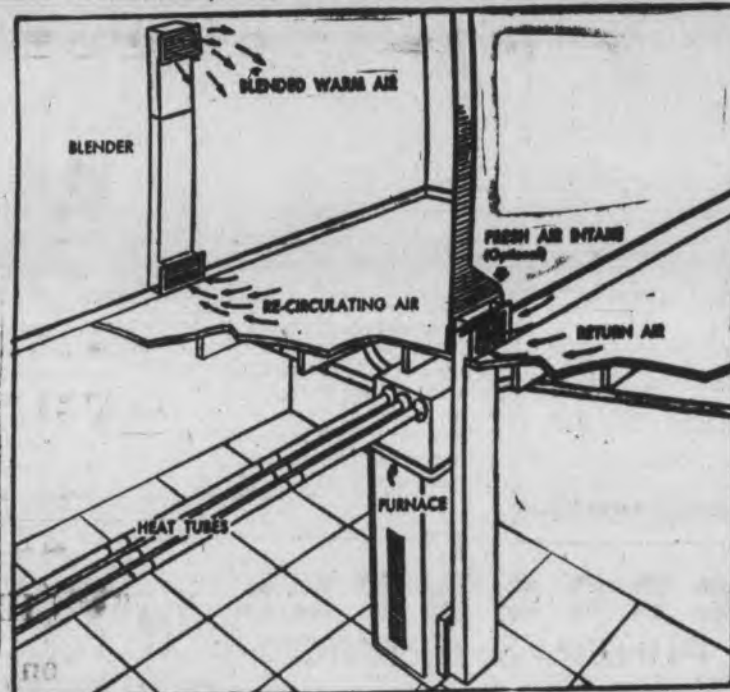
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6. The volume of heated air entering the Blender is regulated by the Blender Valve to deliver the desired warmth.
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TOWN NOTES

WEATHER

The week that past, proved that winter is still with us. It was snowing, Sunday morning, and, by 8 a.m. Monday 7 1/2 inches of wet snow had fallen, to blanket the town, and cause not a few of the town's breadwinners to report late for work. By Tuesday morning, the town was fairly well dug out, but another inch had fallen. Then on the 20th there was three inches, followed by a quarter inch on the 21st, a trace of snow on the 22nd and again on the 23rd. Measured in terms of rainfall, there was 1.07 inches during the week.

WEATHER PREDICTIONS

The weather predictions, by radio, were not very accurate, with regard to that storm in the past week. The storm of February 17-

18 was predicted as "slight snowfall, followed by rain," and "not over three inches of light snow," by local stations.

People who listened to their radios were non-plussed to find, Monday morning, that the rain had not washed away the snow. Had they read the Old Farmer's Almanac, they would have known better. The Old Farmer called the storm to a T, as he did for Thursday's, too.

SNOW REMOVAL

There was plenty of criticism, some of it almost savage, about the condition of Wilmington's streets, as a result of that storm, which so blanketed Wilmington.

We wonder how much criticism there would have been, had the town not paid any attention to the forecasts, which did say that the rain would wash away the snow? To our way of looking the Highway Department was damned if they did plow, and darned if they didn't, on that Sunday afternoon. After all, not everyone buys the Old Farmer's Almanac.

SNOW REMOVAL

There is a gentleman in North Wilmington, name unknown to your editor, who paid for the removal of the snow in the parking space of the North Wilmington Depot, as well as widened Middlesex Avenue at that point.

The people who use the railroad owe this man a vote of thanks. As a matter of fact, so does the railroad!

MORE SNOW REMOVAL

There are those who hold that because a private individual had to pay for snow removal, the town thereby suffers a black eye. They may be right, and then again, there is always another side to the picture.

Something happened this last week, that your editor believes happened for the first time, in the Town of Wilmington.

Organized snow removal, of the piles in front of the stores and Post Office, became the order of the day, Saturday afternoon. The town rented a Hough Pay Loader, and with this machine, scooped up the snow in the Square, loaded it into the Town trucks and carted it away. Later it went down Church Street, and did the same thing before the Methodist Church and St. Thomas Church.

We hope that this is the be-

ginning of a new day. We have climbed over enough snow piles in Wilmington Square, and we never want to see another.

MAY I HAVE THIS DANCE

A small man, we understand, hates to dance with ladies much taller than himself. Last Thursday, at the VFW Military Ball, there was a small man who was being very choosy about his dancing partners.

On one occasion, he was talking with a lady who was seated, and he led the conversation around to the height of his fair companion. She must have divined his purpose, for, she stood up, and he, assured, asked for a dance.

He did not realize that, beneath her evening gown, the lady was bending her knees, and, not until the couple got onto the floor did the gentleman find out that the lady was a good nine inches taller than himself!

SIXTH BIRTHDAY

Last week we wrote about Elizabeth Jensen, the Austrian War Bride. This week it is her husband, Henry of whom we shall speak. He is going to celebrate his sixth birthday, at his home on Andover Street, this week. Friday

OUR COOK BOOK ISSUE

This is the Crusader Cook Book Issue, and your editor is going to venture to include a simple recipe, that he read once in the Christian Science Monitor.

Dressed up Cabbage Salad

Shredded Cabbage does not have to be just plain slaw. Mash the meat of an avocado, and thin it with a little French dressing. Season with lemon juice, a little grated onion, and salt. Mix with thinly shredded, crisp tender cabbage for a delicious salad.

FREE SAND?

Verdun Street is a small street, off Woburn Street, which leads down towards West Street. The last house on the street is the home of Fred Brown, a gentleman who has been a citizen of out town for these past two years.

A week ago after that heavy snow storm, Fred awoke at 2:30 a.m. to hear the sounds of two snow-plow trucks, outside his home. One was stuck, and the crew was being helped by the crew of the other, in their efforts to free the truck.

Finally, the combined crews found it necessary to dump the load of sand, which was on the stuck truck. The truck, freed of its weight, was towed out.

Fred now has several tons of sand, near his home.

SPRING IS ON ITS WAY

Your editor saw the first blackbirds of the season, last Saturday, on a sycamore tree, on the front lawn of the Nolan house, on Middlesex Avenue. It won't be many days before our old swamp friend, the skunk cabbage will be peeping up, all over Wilmington.

VFW MILITARY BALL AN OUTSTANDING SOCIAL EVENT

The Sixth Annual Military Ball of the Nee-Ellsworth Post, VFW, was an outstanding social event of the season, last Thursday, in Villanova Hall.

NOTICE OF SALE

Middlesex, ss.

Lowell, December 12, 1951

By virtue of an execution issued from the Fourth District Court of Eastern Middlesex on the twenty-fourth day of November, A. D. 1951, in the suit of Woburn National Bank versus Howard M. Parker and Clara M. Parker, I have this day seized and taken and shall sell at public auction for cash to the highest bidder on Saturday, March 15, 1952 at ten o'clock in the forenoon at my office, 53 Central street in said Lowell, all the right, title and interest which the said Howard M. Parker and Clara M. Parker had not exempt by law from attachment or levy on the ninth day of May A. D. 1951 at 9:00 o'clock A.M. when the same was attached on the original writ by Loring R. Kew, Jr., Deputy Sheriff, in and to the following described real estate to wit: Land in said Wilmington being lots 30 and 31 on a plan known as "Pine Grove Park Plan" containing 5000 square feet. Being the same premises conveyed to Howard M. Parker and Clara M. Parker, husband and wife, by deed of Peter Neilson dated March 15, 1944 and recorded in Middlesex Northern District Registry of Deeds Book 1120, Page 498.

Loring R. Kew, Jr.
Deputy Sheriff

F-20-27-M-5

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The highlight of the evening was the Presentation of the Colors, by the champion Lawrence Light Guard, of Medford, which was followed by the Grand March.

Secretary of State, Edward J. Cronin led the list of notables, who were presented by John Sheppard, Master of Ceremonies. Other notables presented were James Cullen, of Winchester, Middlesex County Commissioner; Harold D. McKelvey of Wilmington, Past National Commander of the DAV; Deputy Master John Brocklesby and Commissioner John O'Laughlin of the Billerica House of Correction; Past State President of the VFW Auxiliary, Marguerite Baker of Wilmington; Selectmen Kenneth Lyons, Joseph Wood and Fred Melzar of Wilmington; Commander Sullivan of the Malden VFW; Commander John Tautges of A.L. Post 136, Wilmington; President Mildred Tautges of the A.L. Auxiliary, Wilmington; and Commander John Vadaikes, of Post 2458, VFW, Wilmington.

Telegrams of regret for their absence because of inclement weather were received from Gov. Paul Dever, the Honorable Judge Pegott, of the Massachusetts Supreme Court, and President of the Senate Richard I. Furbush, of the Massachusetts Legislature.

Music for the evening was by Frankie Carr's Cavaliers.

NEW CITIZEN

Ensign and Mrs. Raymond H. Wood, USCG, of Portland Maine, announce the birth of a daughter, Janet Louise, on February 10th, at the Maine General Hospital. Proud grandparents are Mr. and Mrs. Ariel Wood of Columbia Street.

CONGREGATIONAL

The monthly meeting of the Church School Board will be held at the home of Mr. Homer Richards on Thursday at 7:45 p.m.

The World Day of Prayer observance for Wilmington and South Tewksbury will begin with a prayer vigil, starting at midnight on Thursday night and continuing until midnight of Friday. Volunteer women from all the churches will spend each one of the 24 hours in prayer. On Friday at 8 p.m. there will be a special World Day of Prayer observance for all women at the Forest Street Congregational Church.

Next Sunday morning the Lord's Supper will be celebrated, and the minister will commence a series of Lenten sermons on the life of Jesus. Copies of the Fellowship of Prayer, for daily Lenten reading, are available at the church.

HOSPITAL WHIST

The ladies of the Auxiliary of the American Legion are holding a hospital whist, in Legion Hall, on February 28th. There will be refreshments, and the committee will appreciate any donations for prizes.

WILMINGTON WELCOMES ITS HERO HOME

Richard Livesly, of Belmont Avenue, who was one of the heroes of the Coast Guard last week, down on Cape Cod, was unable to get home in time for the VFW Ball, but finally arrived, on the 5:55 Saturday evening.

The Town Manager, Dean Cushing, ordered the Fire Whistle blown, in recognition of the homecoming of Wilmington's hero.

QUICK THINKING FOILS BANDIT

Nick Femia, of Dorchester Avenue, reported to the police, on February 22nd, that a young man of about 24 years of age had been foiled in a robbery attempt, which took place near the Billerica Wilmington airport, at about 11:35 p.m. Femia had been to Hudson, N.H. with friends, attending a Beano game, and had several hundred dollars with him when he returned. He left the special bus, which goes to these games, at Foster's corner, and got into his car in which he drove his friends home, to Brown Street, South Tewksbury, afterwards continuing on down South Street, towards Shawshen Avenue. He noticed that a car was following him, as he drove along.

On Hopkins Street, as Femia neared his home the car signaled that it wished to pass, and Femia pulled over to allow room. Instead, the car, described as a '46 or '47 black sedan, stopped, and the driver asked, "Is this the road to Lowell?"

The youth then put his hand in his pocket and holding his hand in a manner to suggest that he had a pistol, he ordered Femia to get out of the car, and hand over his wallet.

When Femia had stopped, his first act was to throw his wallet into the back of his car, and consequently, when the bandit searched Femia he found nothing. He then took the keys to Femia's car, and drove on towards Billerica, throwing out the keys after a short distance.

The Billerica and Wilmington police searched the area, and found no trace of the bandit or the car. Femia told the police that he was not sure that the bandit had a gun, but that he (Femia) took no chances.

The wallet, which Femia had thrown in back, was recovered, intact.

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Coffee and Donuts to eat here
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LENTEN LECTURES
 Beginning next Wednesday, the
 L. B. S. of the Congregational
 Church will present a series of five
 lectures, one each week through-
 out the Lenten season. Mrs. Fred
 Parks, of West Somerville will give
 the lectures, all of them centering
 around Latin America which is
 the mission study project for the
 year. Mrs. Parks is a delightful
 speaker and will come to Wilming-
 ton each week direct from Woburn,
 where she is giving a similar series
 on Wednesday mornings.

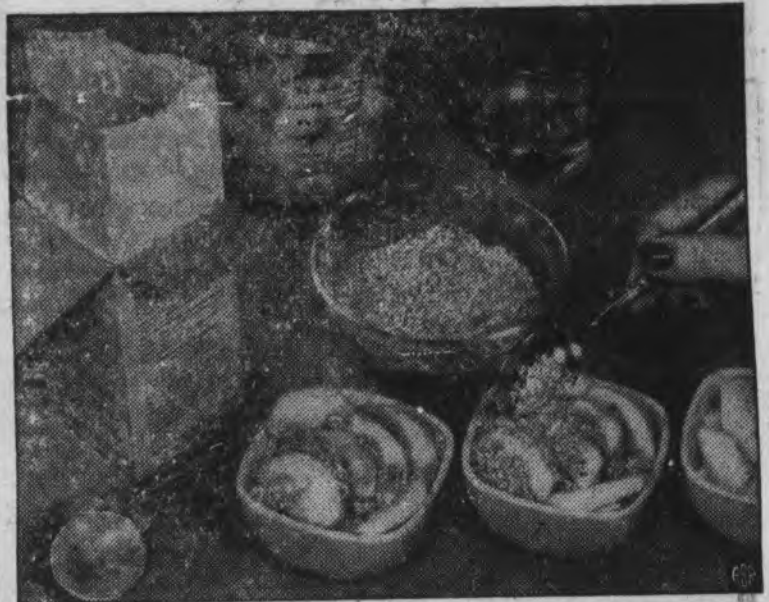
BOY SCOUTS SLEEP OUT AT CAMP FORTY ACRES

18 Boy Scouts, under the leadership of ASM Dudley Buck, spent the night of February 16th - 17th at Camp Forty Acres, and Camp Oman. Transportation was furnished by Messrs. Lyman, Hancock, and McAndrew, and Mrs. Kaszynski.

There was also a hot cocoa feature to the hike, furnished by Mr. and Mrs. Michael Rosa.

The aggregate surface of the tiny particles of powdered catalyst which flow through one of the oil industry's huge fluid catalytic cracking units in one day is equal to the entire ground surface area of the United States.

Nonfat Dry Milk For Crisp Apple Bake



For economy and tastiness, you can't beat apple desserts at this time of year. Team apples with economical nonfat dry milk for extra nutrition in an easy-to-make Crisp Apple Bake.

Nonfat dry milk, which is milk with only the fat and water removed, costs only about 40 cents for a pound package which will make five quarts of nonfat milk. It is available at the grocer's, and it will keep almost indefinitely on a cool dry shelf if the package is closed carefully after each using.

In Crisp Apple Bake nonfat dry milk is used in dry form, simply being added to the other dry ingredients. Here's how.

Crisp Apple Bake
 (Makes 6 servings)
 1/2 cup flour
 1 cup Starlac (nonfat dry milk)
 1/2 cup brown sugar, firmly packed
 3 teaspoons cinnamon
 1/2 teaspoon nutmeg
 1/2 cup butter, melted
 6 cups thinly sliced apples
 1/2 cup water

Combine flour, Starlac (nonfat dry milk), sugar, cinnamon and nutmeg. Stir in melted butter to

make crumbs. Alternate layers of apple and crumbs in 6 individual baking dishes, ending with layer of crumbs. Sprinkle each with about 2 tablespoons water. Cover with baking dish covers, aluminum foil or large aluminum saucepan cover over all. Bake in moderate oven (350°F.) until apples are tender, about 30 minutes. Uncover and bake 15 minutes until lightly browned. Serve warm or chilled with Ginger Spice Topping.

Ginger Spice Topping
 (Makes about 2 cups)
 1/2 cup water
 1 tablespoon lemon juice
 1/2 teaspoon vanilla
 1/2 cup Starlac (nonfat dry milk)
 2 tablespoons sugar
 1 teaspoon finely chopped candied ginger

Pour water, lemon juice and vanilla in 1-quart bowl. Sprinkle Starlac (nonfat dry milk) over water. Beat with rotary or electric beater until stiff, about 7 to 10 minutes. Gradually beat in sugar; continue to beat until mixture is stiff enough to hold peaks, about 2 to 3 minutes longer. Fold in ginger. Chill in refrigerator 1/2 hour before serving.

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Mr. Larz Neilson, Editor
 The Wilmington Crusader
 47 High Street, North Wilmington.

Dear Sir:

Yes, I want to know what is happening in Wilmington. Please have the Crusader delivered to me, every week, by mail. Enclosed please find \$2.50 for one year's subscription.

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Consumption of diesel oil by railroads in 1950 increased 30 per cent from 1949.

During the first half of 1951 American oil men drilled over 15,000 miles of "hole".

**WILMINGTON
METHODIST CHURCH**

The Rev. John Snook, pastor of the Crawford Memorial Methodist Church in Winchester who



Rev. John Snook

will be the first speaker at the United Evangelistic Mission which begins next Sunday, March 2 at 7:00 p.m. at the Methodist Church. Dr. Franklin Littell, dean of the chapel at Boston University and former advisor to the high commis-



Dean Franklin Littell

sioner of Germany on religious affairs who will be the speaker at the United Evangelistic Mission of the Methodist Church on Wednesday, March 5 at 8:00 p.m.

The United Evangelistic Mission to be sponsored by the Methodist Church will begin Sunday, March 2 at 7:00 p.m. Weeknight services will be held at 8:00 p.m. Each service will be followed by a discussion period at which time the congregation may ask questions of the speaker.

Outstanding speakers have been secured for this series of services. The Rev. John Snook of Winchester will be the speaker Sunday and Monday evenings; Tuesday, Dr. Emory Bucke, editor of Zion's Herald, Methodist Independent Weekly will speak, Wednesday, the message will be brought by Dr. Franklin Littell, Dean of the Chapel at Boston University; and the final meeting on Thursday will be addressed by Dr. Charles McConnell, professor of Town and Country Church at Boston University School of Theology.

The general public is invited to attend any or all of these meetings.

SHOWER FOR GRACE SMITH

Miss Grace Smith, of Burlington Avenue, was extended a shower, Sunday afternoon, in honor of her coming marriage to PFC Richard L. Dupuis, USAF, of Mt. Vernon, New Hampshire.

Mrs. William Cavanaugh Jr., and Mrs. Louis Gomes were co-hostesses of the party, which was held in the home of Mrs. Gomes, 34 Marion Street. The table was beautiful, with a decorated cake, with Bridal Doll, and a candle as centerpiece.

Many lovely gifts were received and a corsage of spring flowers was presented to the honored guest by Mrs. William Cavanaugh Jr.

Guests were present from Somerville, Medford, Belmont, Waverly, Watertown, Malden, Dorchester and Wilmington.

WILFRED LETELLIER

Wilfred Letellier of Glen Road, has been assigned to overseas duty in Germany. His new address is Pvt. Wilfred M. Letellier, 109th FA Bn, 28th Div. APO 111, New York, N. Y.



No matter how big or small the repair required on your watch, you can count on the same diligent care from our master watchmakers. And our prices are just as friendly. Come in today.

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PHONEY MONEY

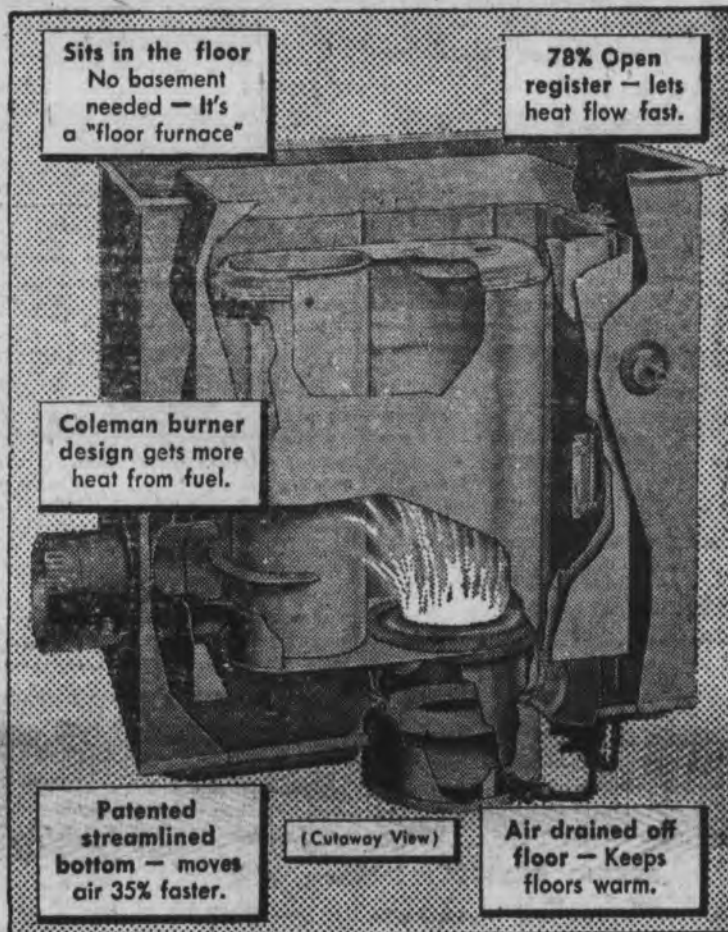
Do you know a five dollar bill when you see one? Are you sure? The children of Wilmington High School are not sure today, because there has been a demonstration conducted by Harland Whittredge, one of the teachers, in which a very fine copy of a Five Dollar Bill was

shown. It was thought to be genuine, by many persons, but Mr. Whittredge was able to show the pupils where the bill was wrong.

The number of men and women engaged in research and development in the oil industry (more than 15,000) is 40 times as large as in 1916.

New Kind of Furnace!

Costs so little...yet tends itself without ashes or dirt!



Sits in the floor
No basement needed — It's a "floor furnace"

78% Open register — lets heat flow fast.

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Each distinctive invitation thermographed on 25% rag china-white vellum paper, giving you fine raised lettering that speaks of the highest quality.



Your choice of SIXTEEN individual TYPE STYLES
The most popular selections shown below.

Also matching reception cards, response cards, thank you cards, at home cards and informals.

Come in today and make your choice from our "Flower Wedding Line" catalog.

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THE ECONOMY
COOK BOOK

The Wilmington Crusader

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THE ECONOMY
COOK BOOK

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Metro Associated Services, Inc.

Wilmington, Massachusetts February 27, 1952 — Page A-One

**The Economy
Cook Book**

HOW TO
MAKE THE MOST
OF THE
FOODS YOU BUY

How to prepare nutritious, delicious and thrifty dishes... Featuring helpful advice on how to best shop for food... and scores of recipes for making the most of the foods you buy.

Balancing the Food Budget Made Easier

Smart Housewives Need Not Sacrifice Quality In Order to Be Thrifty

Skillful Use of Recipes, Modern Kitchen Appliances, Furnish Key to Making More out of the Foods You Buy

TODAY'S challenge of high prices finds the American woman better equipped than during any comparable period in history to cope with the problem of keeping her family well fed within the scope of her budget.

Basic to a solution of this problem is knowing how to make more out of the vast variety of wholesome, nutritious and taste-tempting foods that are available to her.

To help her is the mission of this special "cook book" which features scores of recipes, thrifty cooking hints, and advice on how to shop for foods.

There are no food shortages in America as there are in other countries, many of which require our help. Everything needed to insure a balanced diet is readily available from retail stores. Local food merchants, who value their trade and want to expand it, are on the side of the housewife in this battle of the budget.

Make Menu Planning Easier

They furnish the first clue to family food economy. They furnish it regularly in their advertising which appears in the columns of your favorite newspaper, where they list special values to help make menu planning easier and savings possible for the budget-wise woman.

The wise and thrifty home maker need not sacrifice either quality or quantity—nor need she jeopardize her reputation as a good cook—in order to achieve real mealtime economy.

She uses "know how": a knowledge of the best buys her food stores have to offer, an ability to use them in many recipes, and a skill in utilizing the modern kitchen equipment now available to her.

She learns "tricks" for "stretching" the more expensive foods by combining them with the less expensive. She makes less costly foods more tempting with artfully chosen seasonings. By preparing appetizing dishes from leftovers; by utilizing the products of her local bakeries and dairies; by learning how many things one can do with fish, she makes every penny count.

And through development of her cooking skill, she is able to produce variety to stimulate the appetite, and balanced meals to insure the health of her family, and to save at the same time.

Work Saving Appliances

While her scrapbook or kitchen file of clipped recipes—and perhaps others she has originated herself—becomes her manual for thrifty meal management, she has yet other allies on which to count in making more out of the food she buys.

Among them is the battery of time saving, labor saving, and money saving modern kitchen equipment which makes possible the purchase of foods in quantity when prices are low, for storage and later use. Here the home freezer and the more modern refrigerators with their cold storage compartments become of immense importance to the family budget.

Similarly, the new ranges with which Mrs. America does her cooking, make economy cookery possible through automatic controls of cooking temperatures.

Many New Foods

There are highly efficient pressure cookers with their vitamin-savings attributes and their ability to tenderize and bring out the savory flavors of the less costly meats. There are mixers that equip her for the preparation of thrifty dishes.

Among her allies in "operation budget-balancing" are the proudest of the great food processing industry that brings us fresh frozen foods, canned foods, mixes, and partially cooked foods which require only a few moments of heat to make them ready to serve.

As one bit of evidence of the thrift to be achieved in using processed foods come to results of a three-year survey which indicates that canned fruits and vegetables are more economical the year round than are similar fresh products. Picked at the peak of their flavor, and processed to preserve their nutritional value intact, they can be stocked on the pantry shelf ready for instant use.

Reliable branded food products processed by famous manufacturers are now so widely distributed they are within the reach of all housewives.

Spread of electrical service and gas utilizers means that housewives everywhere may enjoy the economy of automatic cookery and refrigeration, no matter where they live.

Even lack of these need not mean that women must forego the efficiency of modern kitchen equipment—so important to getting your full money's worth from the foods you buy—because bottled gas now make it possible for homes not yet reached by utilities to employ the economy of gas cookery and gas refrigeration.

Problem in Homemaking

Keeping the family food budget in balance during these days of high prices is basically a problem in good homemaking.

The success with which a woman meets it will depend largely on the sagacity used in choosing from the foods available to her, the knowledge and imagination with which she plans, their preparation, and the skill with which she utilizes her modern kitchen equipment.

Keep Home Fires Burning — But Low, For Meat

KEEP the home fires burning—but keep them low to make the most of meat. Often the woman who wouldn't tolerate a dishonest butcher may be robbing herself through shrinkage caused by fires that are too high.

The difference between toughness and tenderness in identical cuts is frequently the amount of heat applied.

Some meats may actually be toughened by too high a fire: liver is a case in point. The breaded

veal cutlet or chop needs long cooking to bring out its tenderest textures, and that means very slow cooking after the first browning. For stew or boiled beef, succulence means simmering—not boiling.

The same is true for "boiled" ham or tongue.

Once it was thought that roast meat should go into a hot oven to "sear" it and keep in the juices.

Now we know that a low even temperature throughout cooking

gives good results without wasteful shrinkage, and it is recommended by all test kitchens.

The American Gas Association advocates an oven temperature as low as 325 degrees F. for chuck and rump of beef, as well as rib roast and the same for leg and shoulder of lamb, and for leg, loin, and rolled shoulder of veal.

For pork only does the Association recommend a higher temperature, and then considers 350 degrees sufficient.

Men Go For Good Stews



IRRESISTABLE TO THE LUSTY male are the luscious stews that smart wives dish up for them, to be made of beef, lamb or kidney and sometimes of a combination. They're full of nutrition, they're filling, and they're economical.

Meat Dishes You Should Try

Delicious Recipes Representing Both Schools of Thought on How to Be Thrifty

PIQUANT MEAT SLICES

1 lb. leftover veal or lamb
1 cup sour cream
2 tablespoons chopped parsley
¼ teaspoon pepper
½ teaspoon celery salt
½ teaspoon garlic salt
1 teaspoon table salt
Place the slices of meat in a baking dish and cover well with a mixture of the other ingredients. Bake in a slow oven for 30 minutes.

MEAT IN CURRY SAUCE

1 onion, sliced
1 diced tart apple
3 tablespoons butter or margarine
1 teaspoon curry powder
1½ cups meat stock or milk
1 cup light cream or evaporated milk

3½ tablespoons flour
Salt and pepper
Cooked rice

Saute onion and apple in margarine or butter. Blend in flour, curry powder and liquids. Stir over low heat until smooth and creamy. Add salt and pepper to taste. Serve with left-over meat and cooked rice. Coconut or raisins may be added if desired.

KIDNEYS BAKED IN GREEN PEPPERS

1 beef kidney
Seasoned flour
1 onion, chopped
4 tablespoons meat drippings
1 cup water
½ teaspoon grated lemon rind
2 cups cooked rice

Remove any fat and tubes from kidney; then slice kidney. Soak in cold, salted water ½ hour, then drain. Roll in seasoned flour. Brown with onion in meat drippings. Add water and lemon rind. Cover; simmer 1 hour, or until tender. Halve green peppers lengthwise; remove seeds and core. Boil peppers 5 minutes and drain. Combine kidneys, drippings and rice; fill green pepper halves. Place in baking pan with a little water in

the bottom. Bake in hot oven (400 degrees F.) 15 to 20 minutes. Serves 4 to 6.

SWEETBREAD CUTLETS

2 pairs sweatbreads
1 tablespoon vinegar
1 teaspoon salt
1 egg
2 tablespoons water
Dry bread crumbs
1 lemon
2 tablespoons chopped parsley
4 slices toast

Remove membrane from sweatbreads and separate. To 1 quart water add vinegar; let sweatbreads stand in water ½ hour. Drain; cover with 1 quart of water; add salt. Simmer 20 minutes. Plunge into cold water; drain. Beat egg. Roll sweatbreads in crumbs; dip slightly with 2 tablespoons water. in egg; roll in crumbs. Fry in small amount lard, browning on all sides. Place sweatbreads on toast; serve with lemon wedges; 4 servings.

LIVER AND ONIONS

1 lb. beef or pork liver (in one piece)
Seasoned flour
1 lb. onions
1 onion, chopped
4 tablespoons meat drippings
½ cup water
Dredge liver in seasoned flour brown on all sides with chopped onion in meat drippings. Place in casserole; add water. Cover; bake in moderate oven (350 degrees F.) for ½ hour. Add onions; cover. Bake 1 hour, removing cover during last ½ hour to brown onions. 4 to 6 servings.

PORK LIVER LOAF

1 pound pork liver
3 slices of bacon
1 medium onion
3 tablespoons chopped parsley
¼ cup diced celery
½ cup chili sauce
2 cups soft bread crumbs
2 eggs, slightly beaten
1½ teaspoons salt
½ teaspoon pepper

Variety Meats Offer Economy In Food Value

LEARN TO MAKE TEMPTING DISHES OF THEM FOR YOUR FAMILY

HIGH nutritional value and economy are two of the bonuses offered by the delicious cuts known as "variety meats." They contribute the same essential food elements as found in muscle meats, and in many cases are exceptional sources of minerals.

Sweatbreads, brains, liver, heart, tongue, kidneys, and tripe, though less familiar than other meats make interesting and appetizing dishes.

One for Family

Heart may be veal, pork, lamb or beef. One beef heart is sufficient to serve the average family. A lamb heart will make a good individual serving. Pork heart will serve one to two persons, and a veal heart will serve two.

Heart should be washed thoroughly in warm water. Some of the arteries and veins may be cut away. Soaking in sour milk or vinegar helps to make the heart tender.

Liver may be beef, lamb, pork or calf. If liver is to be cooked in a large piece, it should be washed thoroughly, then roasted with strips of bacon or salt pork on top as there is little fat in liver. It also may be braised.

How to Do Liver

Calf and lamb liver broil successfully. Beef and pork liver should be braised or ground to make liver loaves and patties. When liver is to be ground it should be covered with boiling water and simmered for 5 minutes to facilitate grinding. Then after grinding it can be mixed with bread crumbs, seasonings, etc., to make delicious patties to fry or leaves to bake.

There are beef, pork, lamb and veal kidneys. The kidneys should be washed and then the outer membrane removed, then split through the center and the fat and tubes removed.

Beef kidney is less tender than veal, pork, or lamb kidneys and so should be cooked by moist heat—by cooking in water or braising. The others are suitable for broiling. All kidneys are excellent in stew, either alone or in combination with beef.

Make Kidney Stew

To make kidney stew, split the kidneys or slice them thin. Chop an onion and cook gently in fat. Roll the pieces of kidney in flour seasoned with salt, pepper and paprika.

Brown the kidney in the fat. Add water or brown stock to just cover, cover the kettle, and simmer gently until the kidney is tender, about 45 minutes. Add small potatoes to cook about 30 minutes before serving time.

¼ teaspoon dry mustard

Place liver in hot water for 10 minutes; drain. Put liver, bacon and onion through food chopper using coarse blade. Add parsley, celery chili sauce, crumbs, eggs, salt, pepper, and dry mustard. Pack firmly in loaf pan 8 x 4 x 2½ inches. Bake in moderate oven (350 degrees F.) 1 hour. Serve hot or cold.

Toni & Baron

Hello Folks!

BARON and I want to thank you for your cooperation and patronage while we've been becoming accustomed to your shopping needs.

Now we've decided on some new policies to **SAVE YOU MONEY.**

Please watch for our personal announcements.



We're Proud of our Meat Department

Listed below are suggestions of ways to stretch your meat dollar. A leg of lamb or any major cut may be subdivided into several different cuts enabling you to purchase the better cuts for the prices of the less expensive ones.—Let our meat expert show you how it's done!

Ron-Jim-Ovie

DIFFERENT CUTS of MEAT

LAMB LEG

- Lamb Roast
- Lamb Steaks
- Lamb Cutlets
- Lamb Chops
- Lamb Patties
- Lamb for Braising
- Lamb Tenderetts
- Lamb Stew

BEEF

- Rump Roast
- Steaks
- Cube Steak
- Tenderetts
- Oven Roast
- Stew Beef
- Boiling Beef
- Braising Beef
- Hamburg Steak
- Minute Steak



DIFFERENT CUTS of MEAT

VEAL LEG

- Veal Roast
- Veal Steak
- Veal Cutlet
- Veal Tenderetts
- Veal Chops
- Veal Patties
- Veal Stew
- Boiling Veal
- Braising Veal

LOIN END PORK

- Pork Chops
- Pork Tenderloin
- Pork Cutlets
- Pork Patties
- Pork Steaks
- Pork Roast
- Pork Hamburg
- Pork Sausage Meat

SILVER LAKE MARKET

1 Grove Avenue, Wilmington 470

*Announce the Remodeling of Their Store and welcome you to its GRAND OPENING
Next Week, March 6th. Now that we have gotten thoroughly acquainted*

We offer the following selling policies to give you Lower Food Bills and Better Service

- ONE-STOP SELF - SERVICE SHOPPING
- NATIONALLY - ADVERTISED GROCERIES AT COMPETITIVE PRICES

- DELIVERY SERVICE THROUGHOUT THE AREA (TEL. 470)
- SATISFACTION GUARANTEED

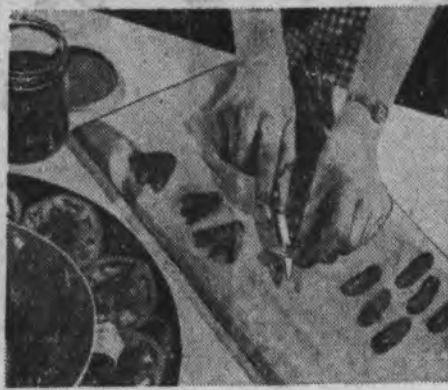
Here's How to Make a Delicious Low Cost Main Dish of Macaroni Salad



WHILE THE COOKED MACARONI is draining in a colander, prepare tangy dressing by combining cider vinegar, salad oil and paprika, readying for mixing with the macaroni.



AFTER MACARONI has been marinated in dressing, place in salad bowl; add salted ingredients; strips of luncheon meat, cheese, chopped green pepper, scalions and celery.



FOR EYE APPEALING GARNISH to tomato slices, make pickle fans by cutting sweet gherkins lengthwise to within one-fourth inch of stem end; spread sections to resemble fans.



BRING YOUR ONE DISH meal to the table in salad bowl placed on its platter bearing the garnished tomato slices. It's a substantial, nutritious and economical treat.

Fashion Enters the Kitchen with Pretty Double Duty Frocks

**Pertly Styled.
New Dresses
Low in Price**

**Cook in Them, Chauffeur
Children to School,
Go Shopping**

Here comes fashion into the kitchen with a host of dresses designed to be strictly utilitarian for cooking hours yet pretty and right for marketing for chauffeuring sister and brother to and from school.

Although low in price, which means that most may be had for comfortably under ten dollars, newest house dresses, unlike their drab uniformly styled sisters of yesterday are greater values than ever before.

Follow Major Fashions

There are coat dresses, wrap arounds, pinafore dresses, dresses that go on over the head and, in

negligee departments, brunch coats that double as homemaking frocks. All follow major fashion trends in their lines, details and gay colors.

And in numerous instances their adaptability to kitchen chores has been increased by the use of water resisting materials, easy to don styling and tubbable rayon and cotton fabrics, many shrink proof, color fast and free of ironing needs.

Three of the most popular of the new versatile house dresses that serve an important working function in the kitchen and also go to market or out to garden, are the coat dress, the wrap-around and the pinafore.

PIN MONEY PRICES

Each is especially quick and easy to don and outstanding for its flattering styling. For example, the coat dress is available in a pyramid silhouette, duster dress version with short sleeves and a removable belt.

The wrap-around can be dressed up or down merely by the addition of gay costume jewelry or flowers, and the pinafore, newest in sturdy, colorful denim, may be worn without a blouse in the kitchen or during warm weather months and with a blouse for a more dressed up air.

With the top styling and fine fabrics now used for these and other house dress styles there's nary a resemblance between the plain old kitchen dress of yesterday and its good looking offspring. Today, pin money prices buy a frock that offers a wealth of good looks, sound service and adaptability to many needs in and out of the kitchen.

LIPSTICK STAINS

Lipstick stains on napkins are hard to remove, but it can be done. Rub stain with lard or oil and wash in hot suds. If color remains, use household bleach or peroxide. Never use soap first, as it may set the stain.

GREASE PANS WELL

When making cupcakes or small fancy cakes, grease the pans well on the bottoms but very little on the sides. This prevents the little rims that sometimes spoil the appearance of the cakes.

JUST A SIMPLE LITTLE TRICK BRIGHTENS UP PLAIN COOKERY

Frequently just a simple little trick is all that is needed to turn just good plain cooking into a new and stimulating taste treat for the family. And in such things will be found the keys to budget stretching economies in these days of high food prices.

Take the discovery shortly before—or was it during—World War II that rich, nutritious mayonnaise could be utilized as happily in cooking and baking as it could be for sandwiches, salads and garnishes on cold fish or meat.

The exact story of the discovery is lost. Perhaps one of the home economists in a test kitchen accidentally spilled some in soup and found it good. In any event, the experimentation got under way.

Real mayonnaise is merely a whipped combination of whole eggs, fine salad oil, a delicate blend of spices, and vinegar, according to government standards, and it's ready to be dipped from a jar.

GOLDEN BISCUITS

2 cups sifted flour
4 teaspoons baking powder

¾ teaspoon salt
4 tablespoons real mayonnaise
2/3 cup kernel corn (cooked or canned)

¾ cup milk

Sift flour, baking powder and salt together. Stir real mayonnaise into flour with a fork. Drain corn if canned is used. Add corn to flour. Stir milk quickly into flour. Fill greased muffin tins 2/3 full. Brush tops with melted margarine. Bake in moderately hot oven (12 to 15 minutes). Makes 12 biscuits.

EASY HOLLANDAISE

¾ cup real mayonnaise
1/3 cup milk

¼ teaspoon salt

½ teaspoon white pepper

1 tablespoon lemon juice

1 teaspoon grated lemon rind

Combine mayonnaise and milk. Cook over hot water 5 or 6 minutes, stirring constantly. Add seasonings, lemon juice and rind. Remove from hot water and serve over any desired vegetable. Makes about 1 1/4 cups.

Spectacular!

WONDERFUL
on that household budget

Here they are! New Spring suits - coats dresses. They're so perky to see, and mothers, you'll like their top quality workmanship and fabrics as well as their budget wise prices.



This little girl looks cute, and knows it! Outfitted from head to toe in the cutest and newest fashions for Spring. We have everything in our store to outfit your youngster in today's fashion mode!

**The
Children's Shop**

187 HAVEN STREET READING 2-0090
Opposite EXIT of Municipal Parking Lot

FOR Comforts SAKE

depend on Louie's Oil Service

**HEAT your home
WITH
OIL !!**

INVESTIGATE OUR
**COMPLETE AUTOMATIC
OIL HEATING**

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- POWER BURNERS our Specialty
- ALL TYPES of Heating Systems
- COMPLETE OIL DELIVERY

Automatic delivery, you never have to call. Printed, metered, delivery slips for your protection. ESSO quality, freshly filtered heating oils.

• REMEMBER: Due to our being a local concern, we are in a position to give you faster, better service. All installations require only 10% down, Three years to pay!



Louie's Oil Service

324 MAIN STREET

WILMINGTON 700

"Serving satisfied customers in this area for over 25 years"

Dairy Products Doubly Important When Food Dollar Must Be Stretched

DAIRY products derived from milk, which is nature's own perfect food, become doubly important whenever the dollar must be stretched to provide the utmost in nutrition for the family.

No other item in the human diet contains as many of the essentials for good health as does milk.

The concentrated goodness of milk moves on into the dairy products derived from it—products such as the great family of cheese, cream, butter and also America's favorite dessert, ice cream.

They combine with other ingredients in a vast variety of recipes to yield dinner dishes of substance, luncheon dishes that are light and nutritive, inexpensive desserts with a gourmet flavor, hot or cold beverages contributing to body growth, and the warding off of illnesses.

Yet each dairy product is a basic food which can stand alone in its own right as an item important to diets of young and old. Take milk itself. One cup of fresh whole milk can furnish 12 percent of the day's requirements

of protein the substance needed in the growth and maintenance of the human body. It contains calcium and phosphorus, essential to good teeth and bone structure; and also iron to help red blood cells.

Source of Vitamins

Milk is a good source of Vitamin A which aids in building resistance to disease; thiamin or B1 needed for good muscle tone of the digestive tract and to help the body obtain energy from starches and sugar.

It is high in riboflavin and in

niacin which wards off pellagra. Much milk is now fortified with Vitamin D, the ricket preventative.

Nutrition experts hold that each growing child requires a minimum of a quart of milk a day and that every adult needs a pint a day at least.

This does not mean, however, that the entire amount must be taken as a liquid.

Wise home makers use it liberally in cooking, in puddings, over breakfast foods—and thus its goodness is absorbed by the family in required amounts supplied

for children by generous quantities as a beverage.

Similarly many of the benefits of milk are to be derived from cheese in any of its many forms, or used as sauces for main dishes and salads or as snacks, when not used as the basic main dish of the meal.

And butter, soaked with sunshine, delivers a generous amount of Vitamin A required by every human being—delivers it through use in cooking or spread liberally on bread, as the children love it.

Versatile Cheese Is A Thrifty Source of Proteins

LUNCH SPECIAL



TYPICAL OF VERSATILITY of cheese is this "luncheon special" of fresh or frozen asparagus served with creamy cheese sauce and garnished with crunchy toasted cheese rolls.

Good to Eat With Crackers; Adds Zest to Cooked Dishes

Available in Dozen Different Varieties, It Has The Concentrated Goodness of Milk.

FLAVORFULL nutritious and available in a dozen different varieties, cheese becomes especially important for the budget-conscious during these days of high prices.

For here, in one of the most versatile of all foods, is an inexpensive source of protein for a main meal. While cheeses, with all the concentrated goodness of milk, may be served "as is" they may also be used as the principal ingredient of a main dish that is cooked.

Added to souffles, vegetable casseroles and egg dishes, cheese provides a nutritious main course. Cheese with jelly and Crackers becomes a satisfying dessert. With toast and coffee in the morning cheese may be an "eye opener." Cheeses serve well as snacks before going to bed. Cheese makes wonderful sandwiches, hot or cold. And nothing could be easier to serve from the convenience angle because cheese is an already prepared food. Just open the package and serve, if you wish, most simply with crackers.

Used in cooking cheese is easy to handle. There is but one caution. Use a low heat—just enough to melt the cheese. High heat causes the cheese to become stringy and tough. Cheese cooked over a low heat will have savory flavor and appetizing smoothness.

To speed up the process of melting and blending cheese in cooking—if you are in a hurry—break it into small pieces, grate it, slice it or shave it thin, before heating.

There are some 400 different varieties of cheese known by name. But there are only about twenty distinctly different types.

United States cheese makers are able to reproduce almost all of the foreign types such as Camembert, Blue, Brie, Swiss, Limburger and Parmesan.

Nutritive value of cheese is similar to that of milk. One ounce of Cheddar contains the same amount of calcium as a full glass of milk.

Children may be introduced to cheese by trying a little grated into mashed potatoes, white sauce and soup, or in sandwiches.

BISCUITS FOR TEA MADE WITH CHEESE

Here's a recipe for Cheese Tea Biscuits that American's, as well as Canadians, will enjoy. Made with either Canadian or American measures.

CHEESE TEA BISCUITS

(Makes 14-16 two-inch biscuits)
2 cups sifted flour
3 teaspoons baking powder
1 teaspoon salt
½ teaspoon dry mustard
4 tablespoons shortening
1 cup grated Cheddar cheese
¾ cup milk (approx.)

Sift flour, baking powder, salt and mustard together. Cut in shortening with pastry blender. Add cheese. Add enough milk to make soft dough. Knead lightly until smooth. Roll out ½-inch thick. Cut into rounds with biscuit cutter. Place on a greased baking sheet and bake in a hot oven (450 degrees F.) for 12 to 15 minutes.

CHEESE SAUCE

2 tablespoons flour
2 tablespoons butter
½ teaspoon salt
Dash pepper
½ lb. American cheese, grated
1 cup of milk
Optional mustard, Worcestershire or cayenne to taste.
Melt butter in the top part of a double boiler. Add flour and blend.

OVEN CLEANING

Oven cleaning is quicker and easier if a saucer of soapy water and ammonia have been left in over night.



SPANISH OMELETS when made with skill become hearty dishes of the first order, representing one of the many things that can be done with eggs. That's why men frequently order it when dining out. Recipe below.

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Two Schools of Thought Help Keep Meat Budget Low

Here They Are For You, Choose Your Own Way

**BETTER YET, USE BOTH METHODS, TO ASSURE
*FAMILY PLENTY OF MENU VARIETY**

EVERYBODY agrees that the family meat bill must be kept within reason, but not everybody agrees on the best way to do it. There are at least two schools of thought on the subject.

"Buy the cheaper cuts," says one side. To which the other retorts: "There is less waste in the long run when you buy a good roast."

Which is right? It usually depends upon the way in which the meat is cooked and served. And this in turn depends upon being familiar with more than one or two recipes for using the same cut.

Unless there is tempting variety in the family meals, appetites are dulled, and food is wasted no matter what you choose.

**BUY with Eye to Economy and Your Meat Order
Will Yield Family More Servings Per Pound**

It is true that some of the less expensive cuts have more bone and fat, so that large servings of them might run into money. But this is not by any means true of all cuts.

The variety meats such as liver, kidney and hearts have little or no waste and make up into delicious main dishes. Sausage when served with sauerkraut is practically a whole meal.

Most of the less expensive cuts

Just as meat loaf has its bread crumbs, and breast of veal its stuffing, so the braised meats and stews have their dumplings, potatoes, rice, noodles and biscuits to add body and expand the flavor and richness of the meat itself.

Good Roast is Always Good to Very Last Scrap And the Bone is Worth Saving for Soup Pot

A good roast is good to the last scrap, and after that the thrifty housewife will save the bone for the soup pot, to extract extra goodness and nutritive values that might otherwise be wasted. Beef and veal bones make a fine base for a vegetable soup. Ham bones team up with beans or lentils. Lamb suggests scotch broth, of which the other main ingredient is barley.

After the first serving, if the

Take a Tip from Smart Restaurant Man; Figure On Cost Per Savings, Not on Cost Per Pound

And so, in the long run, the question is not always the cost per pound but the cost per serving—as every restaurant manager knows. Restaurant portions are served from the kitchen and there are seldom any "seconds."

The housewife who starts thinking in terms of the number of different tempting and nutritive servings she can contrive out of her food purchases will have taken a long step toward solving the problem of keeping her meat budget in line.

Recipes for those who say a roast is good to the last scrap are plentiful. On the other hand, there

housewife has bought with an eye to economy, any number of savory dishes can be made from meat slices, or chunks that have been left over as planned. Think of them dished up in a tangy sauce or a curry.

The meat and gravy can be combined for a pastry turnover or meat pie with a crust of potatoes, biscuits or pastry, and a fresh taste treat is ready for the family.

There Are Tricks To Making Really Good Baked Beans

For Sunday night supper, or for a smacking good main dish any day of the week, baked beans are

NEVER WASTE

Always remember you need never waste a crumb of bread. Save every scrap. You'll want it for dressings, puddings, croutons. Baker's bread keeps well, and is one of our thriftiest foods.

A combination double boiler and water kettle is now available. When the use of only the kettle is desired, the pan that serves as top of a double boiler is removed and its lid used as a cover for the bottom kettle.

a long time favorite. Some like their beans straight from the can, but others hold out for the slow-cooked Boston style.

There's a trick with the canned beans that many a good cook knows: the addition of a teaspoonful of prepared mustard and a tablespoon each of brown sugar and chili sauce to every can. Then they go into a casserole with strips of bacon on top, to cook until the bacon has crisped.

For those who prefer to start with the dried beans, there's a quick boil method which saves hours of soaking time.

BOSTON BAKED BEANS

4 cups navy beans
1 teaspoon dry mustard
1 tablespoon salt
¼ teaspoon pepper
1 cup of New Orleans molasses
1 medium onion peeled
¾ lb. of salt pork

Wash beans; discard imperfect ones. Cover with water, bring water to a boil. Boil two minutes. Remove from heat. Let soak an hour. Cook 50 minutes in same water in which beans are soaked. Drain, reserving cooking water. Combine 3 cups cooking water, mustard, salt and pepper; combine with beans and molasses. Place onion in bottom of bean pot or casserole. Add bean and molasses mixture. Score rind of pork; press into beans, leaving rind exposed. Cover; bake in slow oven, 300 degrees F., 4 hours, or until tender, uncovering last hour of baking. If necessary, add more cooking water during baking.

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You May Be Surprised at What Bread Can Do

It Peps Up Soup, Basic In Pudding

Glamorizes Stews, Eggs; Makes Party Fare of Creamed Dishes

Croutons pep up a bowl of creamed soup, toast squares or triangles glamorize a platter of creole, stew, rarebit or scrambled eggs.

Bread is basic in puddings, betty or charlotte.

Creamed dishes become party fare when served in croutades. Entertaining is easy as the slicing when a party sandwich loaf is the refreshment.

And delicious desserts can be whipped up at low cost if bread is enlisted.

For what home doesn't have a loaf of enriched yeast-raised bread always on hand to come to the aid of a meal that may need a little fillip to the soup, main dish, salad or dessert score.

CREAMED EGGS IN CROUSTADE

- 1 whole loaf enriched bread
- ½ cup butter or margarine
- 3 tablespoons flour
- 2 cups milk
- 4 hard-cooked eggs, cubed
- ¼ cup pimiento, diced

Trim off end crusts from loaf of bread and slice crosswise into 4 equal parts. Remove crusts from each piece and trim to square shape. Cut out center of each square to make hollow cup, leaving rim and bottom about ½ inch wide. (Reserve crumbs and crusts for stuffings and desserts.) Melt butter or margarine and measure ¼ cup. Brush this all over bread baskets. Place on cookie sheet and bake at 350 degrees F. (moderate oven) about 20 minutes or until crisp and brown. Turn frequently during baking. Meanwhile heat remaining butter or margarine and add pimiento. Cook until gently browned and stir in flour. Gradually stir in milk. Cook and stir over low heat until thickened. Add hard cooked eggs. Pour into baked croutades. Makes 4 servings.

MOLASSES BREAD PUDDING

- 10 slices dry bread, cubed
- 2 eggs
- 3 tablespoons New Orleans molasses
- 2 tablespoons sugar
- ¼ teaspoon salt
- 2 cups scalded milk
- 2 tablespoons melted butter

Arrange bread cubes in a well-greased baking dish. Beat eggs, molasses sugar and salt together. Add milk and butter. Pour over bread cubes. Place in pan of hot water and bake at 350 degrees F. (moderate oven) one hour or until firm. Serves six. Top with whipped cream.

PLUM BAKE

- 12 slices enriched yeast-raised bread
- Margarine or butter
- Sugar
- ¼ cup brown sugar
- ¼ cup butter
- ½ teaspoon salt
- ¼ cup chopped nuts
- 2 lbs. plums, halved, pitted and sliced

Trim crusts from bread slices; spread both sides of bread with margarine or butter; sprinkle with sugar. Line bottom of buttered baking dish with prepared bread slices. Arrange plum slices over bread. Cream together brown sugar and butter, stir in salt and nuts. Spread mixture over plums. Repeat layers ending with sugar topping. Bake at 350 degrees F. (moderate oven) about 20 minutes. Serve hot. Serves 6 to 8.

SWEET TOMATO PUDDING

- ¾ cup water
- 2½ cups stewed tomatoes
- 1 teaspoon salt
- 3 cups enriched yeast-raised bread cubes
- 1 cup brown sugar
- ¼ cup margarine or butter

Put water into saucepan. Bring to a boil. Strain tomatoes through a sieve into water. Add brown sugar and salt and stir well. Let boil about 5 minutes. Stir in bread cubes and margarine or butter. Turn into 1½ quart casserole and bake at 375 degrees F. (mod-

Stuffing For Poultry — Must!

Roast poultry without stuffing is like Thanksgiving without a turkey! Some like it dry and some like it moist. Some like it deli-

cately seasoned and some like it redolent with herbs—but everybody likes it.

Stuffing, of course, starts with bread—day-old, yeast-raised bread—to catch every drop of delicious juice as the bird cooks. After that, it's everybody to his own taste: celery, or mushrooms, or bits of crisped bacon, or oysters, or chest-

nuts, or apple, or browned sausage—even a slice of mashed liverwurst sausage may be added to give a distinctive flavor.

For every pound of dressed and ready-to-cook bird, about one and a fourth cups of crumbs will be needed. Other ingredients may be adjusted proportionately.

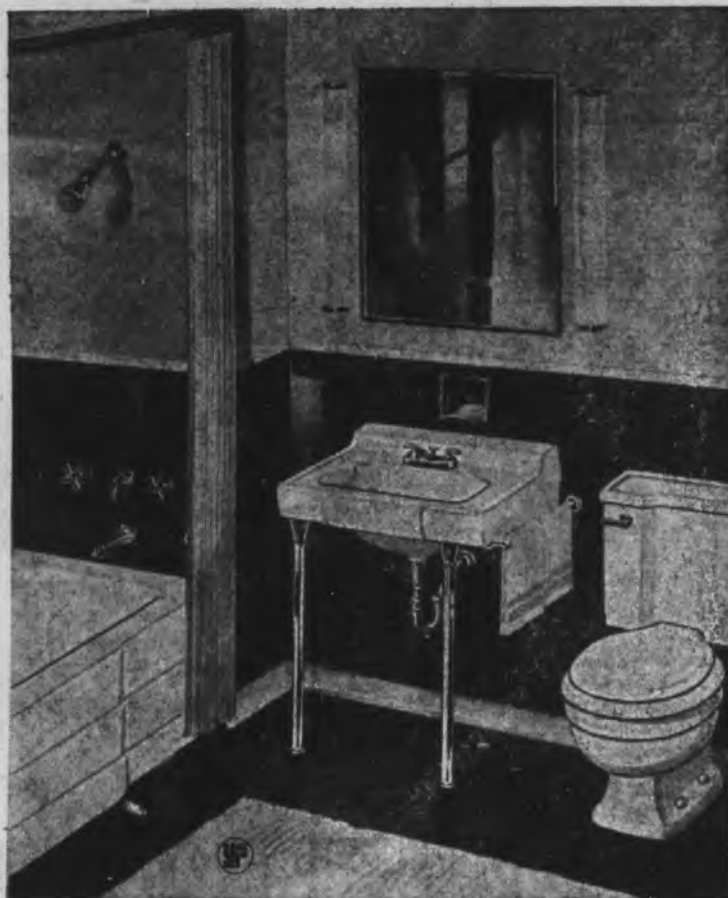
STUFFING FOR FIVE-POUND CHICKEN

- 1 cup hot water
- ¾ cup margarine or butter
- ¾ cup chopped onion
- 1 teaspoon sage
- ½ teaspoon marjoram
- ½ teaspoon chopped celery leaves
- 3 quarts soft bread crumbs

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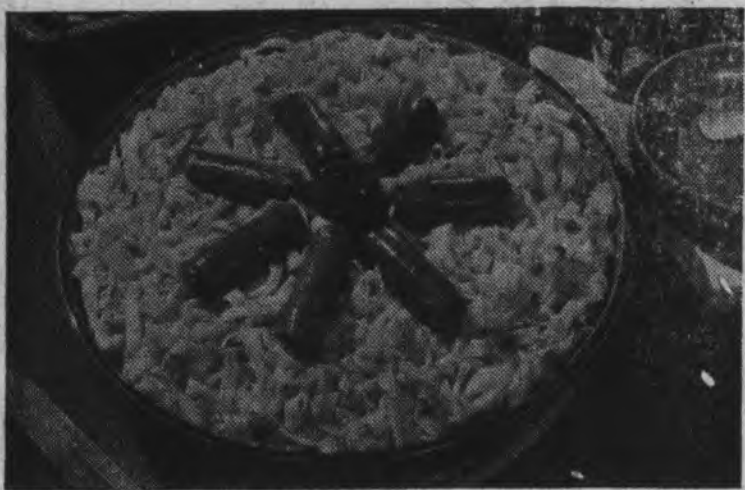
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NOODLE CASSEROLE with Vienna sausages. Evaporated milk, cheese, seasonings blend together while baking to make sauce for egg noodle dish, with sausages baking at the same time. Accompany with salad greens and tangy dressing.



SHORTCAKE OF HAM leftovers can be as decorative and tempting as a main dish as shortcake is a dessert. In fact topped with a white sauce decorative with asparagus, it becomes a complete meal. See below for recipe.

Egg Dishes May Be Cook's Pride

It Takes Skill to Make Omelets, Souffles

Egg dishes may range all the way from "quickies" which can be prepared in a matter of minutes, to the high-risen omelets and souffles which are the pride of the painstaking cook.

Hard cooked eggs lend themselves to almost as many variations as there are sauces: creamed, a la king, cheese, and many of the canned soups. For a slightly more elaborate dish they may be devilled or stuffed with chopped pickle or with devilled ham before a sauce is added.

Often ordered in restaurants, especially by men, the Spanish omelet may be made skillfully at home:

SPANISH OMELET

- 2 tablespoons quick-cooking tapioca
- 3/4 teaspoon salt
- 3/4 cup of milk
- 1 tablespoon butter
- 1/8 teaspoon pepper
- 4 egg yolks, beaten until thick and lemon coloring
- 4 egg whites, stiffly beaten

Combine tapioca, salt, pepper, medium heat and cook until mixture comes to a full boil, stirring constantly. Add butter. Cool slightly while beating eggs. Add egg yolks and mix well. Add very gradually to egg whites, folding in thoroughly.

Turn into hot, buttered, 10-inch skillet. Cook over low heat 3 minutes. Then bake in moderate oven (350 degree F.) 15 minutes. Omelet is sufficiently cooked when a knife inserted comes out clean. Cut across at right angles to handle of pan, being careful not to cut all the way through. Fold carefully from handle to opposite side. Turn out on hot platter; place Spanish Sauce between folded layers and around omelet. Serve at once. makes 6 servings.

SPANISH SAUCE. Melt 6 tablespoons butter or other fat in saucepan. Add 1/4 cup each chopped onion and chopped green pepper and saute until onions are golden brown. Add 1 teaspoon salt, 2 teaspoons sugar, dash of cayenne, 1 cup canned sliced mushrooms, and 2 cups canned tomatoes. Cook over medium heat 15 minutes, or until vegetables are tender.

Crusty, Brown, Food Is Cooked in Glass

Foods cooked in glass are usually crusty and brown. This enhances many recipes, but if less crust is desired, the oven should be 25 degrees lower than the recipe advises.

Glassware is easily cleaned with a fine powder cleanser. It should be protected from sharp temperature changes, as this will crack them.



BAKED BEANS with salt pork straight from the can or slow cooked Boston style with molasses, are favorites.

Beef Tongue Cooked In Simmering Water

Beef tongue is cooked by simmering in water. Cover the fresh tongue with salted water to which onion, a bit of bay leaf, and 1/4 teaspoonful of whole black pepper have been added. Cover and simmer until tender. It will require three or four hours for a large tongue.

Plunging into cold water after cooking helps to loosen the skin. Cut away skin and roots. Serve with raisin, horseradish or mustard sauce. Grind ends for sandwiches.

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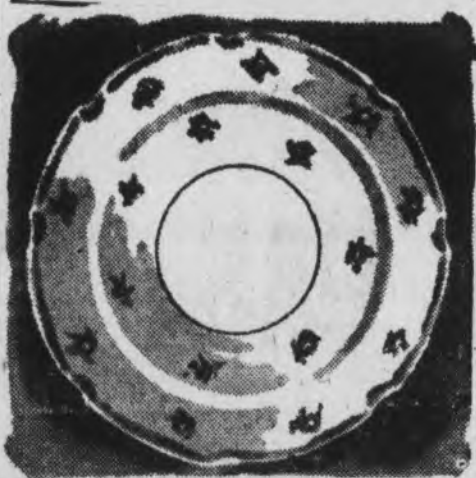
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Little Meat Can Do Job, Or Use None

Casserole Recipes Show Way to Nutritious Taste Treats

One of the tests of a good home maker is her resourcefulness in utilizing inexpensive foods for creating hearty dishes that satisfy lusty appetites.

To her a little left-over meat is not just a few scraps to be finished off quickly, but the point of departure for a whole new dish—a casserole with noodles, macaroni or rice, a meat pie or a meat short-cake, the stuffing for green peppers or cabbage.

She learns how to use left-over gravy or canned soup or a few herbs to perk up flavors.

Some of the dishes are so good that even when there is no left-over meat at hand she will make them with a few fresh or canned sausages or a can of luncheon meat. These canned meats are a good buy.

Some Need No Meat

On cool days she might serve a big tureen of hearty soup, such as oxtail or a Scotch broth from left-over lamb bones, and on warmer ones a substantial salad: macaroni with slivers of meat, or ham combined with celery and peas.

There are dishes that call for no meat at all yet are rich in the proteins the family needs. They can be prepared in ways that have her family calling for an encore.

Some of these are the egg dishes: the baked souffles, the fluffy omelets with many different fillings, the devilled eggs served up hot with a la king or cheese sauce. Since cheese is an excellent source of protein and flavor, it can be used

in combination with other foods which contain less, and with the bland foods like spaghetti and rice.

The legumes will appear frequently as a main dish as well as in soups. Traditional is the pot of savory baked beans, but experiment with the others: dried beans in a sour cream sauce, lentils with tomatoes, kidney beans (with only a little meat) as the chief ingredient of a piping hot chili con carne.

Need No Soaking

Once these legumes took hours of soaking and cooking. Now there are varieties which need no soaking and a woman lucky enough to own a pressure cooker can prepare many kinds in record time.

Learn as the Europeans do, to use sauerkraut in several different ways.

Noodle - Sausage Casserole

- 2 tablespoons salt
- 4 quarts boiling water
- 1 pound egg noodles
- ¼ cup of butter or margarine
- ¼ cup chopped onions
- ¼ cup chopped parsley
- ¼ cup chopped pimientos
- 1 14½-ounce can evaporated milk
- 2 cups grated cheddar cheese
- 1 teaspoon salt, freshly ground pepper
- 1 4-ounce can Vienna sausages

Cook noodles as directed on the package. Melt butter or margarine over low heat. Add onion, parsley and pimiento and saute for several minutes. Mix with other ingredients except sausage and turn into a 2-quart greased casserole with sausages on top. Bake in a moderate oven (350 degrees) 25 minutes. Serves 6.



STUFFED CABBAGE garnished with buttered bread crumbs and featuring leftover pork, or pork sausage and pork fat becomes a regal looking dish.

STUFFED CABBAGE

- 4 cups cubes enriched yeast-raised bread
 - 1 pound (2 cups) pork sausage
 - 2 eggs, beaten
 - 1 large head cabbage
 - Salt - Pepper - Parsley
 - ½ cup buttered dry bread crumbs
 - 1 can condensed mushroom soup.
- Arrange bread cubes on a baking sheet. Place in a slow oven (325 degrees F.) and toast, turning occasionally, until bread cubes are golden brown. Remove from oven and set aside. Brown sausage thoroughly in frying pan. Remove pan from heat. Drain fat. Cool and stir in toasted bread cubes and beaten eggs. Slice top off head of cabbage. Scoop out center leaving a firm shell. Sprinkle with salt and pepper. Stuff sausage mixture into the cabbage. Replace cabbage top and secure with toothpicks. Tie cabbage in a cheese cloth. Cover bottom of a large kettle about one and one-half inches deep with water and bring to a boil. Place the cabbage on a rack in the boiler; cover kettle and let steam until cabbage is tender, about 40 to 60 minutes, depending on size of the cabbage. Remove cabbage and take off cheese cloth. Remove toothpicks and garnish cabbage with parsley and a sprinkling of buttered crumbs. Serves 6 to 8.

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